

PIVOT. BEAT. REIMAGINE.

ARTS PROFESSIONAL LEARNING CATALOG 2020-21 SCHOOL YEAR

Ingenuity





TRAUMA-INFORMED & HEALING-CENTERED PRACTICE TRAINING PROGRAM

This year has challenged us to more fully explore the ways in which arts can be a tool for recovery from crisis – whether as a healing practice, a spark for protest and change, or an antidote to the challenges students, teachers, and schools have faced in 2020. Now more than ever, we must universally embrace trauma-informed practice and an equity mindset in our teaching practices and operations so we are ready to meet students where they are today.

We've partnered with expert practitioners from Chicago Growth Mindset, the Illinois ACEs Response Collaborative, the Illinois Collaboration on Youth and the Institute for Therapy Through the Arts to develop the Trauma-Informed & Healing-Centered Training Program, a multimonth program designed to aid our sector in understanding, implementing, and advancing healing-centered and trauma-informed principles and competencies within organizational and programmatic practice. We hope to see you there!

Explore the upcoming program offerings below and visit our website for more information!

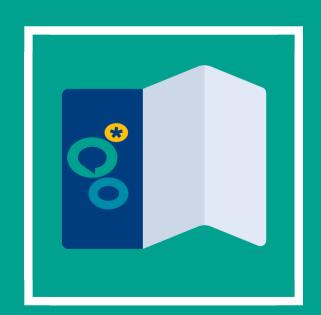


INTRODUCTORY SESSION

November 17, 2020 I 1:00pm - 2:30pm

In this intro session, you will hear from the expert practitioners that Ingenuity has partnered with to make this program a possibility. We will be speaking with collaborators from Chicago Growth Mindset (CGM), Illinois ACEs Response Collaborative, the Illinois Collaboration on Youth (ICOY), and the Institute for Therapy through the Arts (ITA) on what you can expect from this comprehensive training program.

> Learn more and register here





HISTORICAL & COMMUNITY TRAUMA

This pre-recorded training discusses the background of historical and community trauma, as well as how these traumas can impact health outcomes just as strongly as individual experiences. It also tracks how these traumas have become integrated into the systems that direct much of our lives – education, housing, healthcare, and the criminal-legal system – and are perpetuated through implicit biases and explicit prejudices.

Watch



TRAUMA-INFORMED CARE AND HEALING-CENTERED PRACTICE: 101 INSTITUTES

TRAUMA AND TRAUMA-

December 1, 2020 | 1:00pm - 3:00pm

INFORMED CARE 101

This training will discuss the landmark Adverse Childhood Experiences (ACEs) Study, how ACEs and other trauma can impact health across the life course, and how organizations can utilize traumainformed principles to build resilience and promote thriving across the lifespan in their communities and workplaces.

IMPACT OF TRAUMA ON YOUTH

December 3, 2020 I 1:00pm - 3:00pm

This session will aid participants in understanding the impact of trauma on the development of the brain and learning response strategies to build resilient youth and families. Session facilitators will cover adolescent development, childhood trauma, and resilience & recovery.

Learn more and register here

<u>Learn more and</u> <u>register here</u>

CULTURE & TRAUMA

December 17, 2020 I 1:00pm - 3:00pm

Trauma has context, often with cultural and historical roots. This training will explore the relationship between trauma and culture by considering populations disproportionately impacted by trauma and the protective factors these communities have built to combat trauma. Participants will also learn about the ways power and oppression impact trauma and access to resources.

Learn more and register here

COVID-19 PANDEMIC & TRAUMA

December 11, 2020 I 1:00pm - 3:00pm

This training will explore the impact of the COVID-19 pandemic on individuals and communities. Participants will learn ways to discuss the psychological and emotional impact, receive resources that support healthy individual coping mechanisms and self-care, and have an opportunity to process the systemic impact of COVID-19.

Learn more and register here



CHECK OUT INGENUITY'S YOUTUBE CHANNEL!

Visit <u>Ingenuity's Youtube Channel</u> to view our most recent professional learning sessions and events including:

Procurement 101 Session

The All Partner Meeting

Creative Schools Fund Info-Session

CPDUs

Are you interested in providing credit hours to CPS teachers through your PD workshops?

If so, Ingenuity is an ISBE-approved provider and works with subcontractors to provide high quality PD deliverables. For an overview on the application process for potential subcontractors, please click the link below.

Learn more

PROFESSIONAL LEARNING RESOURCE LIBRARY

Visit Ingenuity's Resource Library and explore an array of professional learning materials from Ingenuity, the CPS Department of Arts Education, and local, state and national partners! Topics range from anti-racism and cultural competency to curriculum, assessment, and virtual learning. Explore this comprehensive library for all things professional learning today!

Browse the Library

LEARNING QUIZ

Explore Ingenuity's Professional Learning Quiz for program managers and teaching artists. This interactive online tool has been designed to help arts partners and teaching artists assess their highestpriority learning needs and connect them to immediate resources for building knowledge.

Learn more