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JANUARY - FEBRUARY 2021

**PIVOT.
BEAT.
REIMAGINE.**

ARTS PROFESSIONAL
LEARNING CATALOG
2020-21 SCHOOL YEAR

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A CHANGING LANDSCAPE





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TRAUMA-INFORMED & HEALING-CENTERED PRACTICE TRAINING PROGRAM

This year has challenged us to more fully explore the ways in which arts can be a tool for recovery from crisis – whether as a healing practice, a spark for protest and change, or an antidote to the challenges students, teachers, and schools have faced in 2020. Now more than ever, we must universally embrace trauma-informed practice and an equity mindset in our teaching practices and operations so we are ready to meet students where they are today.

We've partnered with expert practitioners from [Chicago Growth Mindset](#), the [Illinois ACEs Response Collaborative](#), the [Illinois Collaboration on Youth](#) and the [Institute for Therapy Through the Arts](#) to develop the Trauma-Informed & Healing-Centered Training Program, a multi-month program designed to aid our sector in understanding, implementing, and advancing healing-centered and trauma-informed principles and competencies within organizational and programmatic practice. We hope to see you there!

Explore the upcoming program offerings below and [visit our website](#) for more information!

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MOVING FROM BURNOUT TO WELLNESS - *Instructional Track*

January 21 | 1:00 PM - 3:00 PM

In 2019, more than half of physicians reported experiencing burnout, and data suggest that educators experience similarly high levels. This session will include an overview of the history and definitions surrounding provider and educator burnout, as well as an introduction to multi-level strategies for prevention and intervention.

[learn more](#) | [register here](#)

BUILDING A TRAUMA- INFORMED WORK CULTURE

- *Organizational Track*

January 22, 2020 | 1:00 PM - 3:00 PM

This training will explore ways to integrate trauma-informed practices into building a remote working environment. Attendees will consider the traumatic impact of COVID-19, inequity, and the “new normal” on staff. Participants will learn how to use the Six Trauma Informed Principles to create safe workspaces for their staff.

[learn more](#) | [register here](#)

ORGANIZATIONAL VALUES & TRAUMA-INFORMED CARE

- *Organizational Track*

January 29, 2020 | 1:00 PM - 3:00 PM

In this training, organizations will examine the way trauma-informed care fits into their organization values, structure, and policies and practices. Participants will learn to create an organizational environment that supports program participants and staff alike.

[learn more](#) | [register here](#)

A black and white photograph showing a close-up of a hand holding a paintbrush, applying paint to a wall. The wall has some abstract, dark, swirling patterns already painted on it. The hand is in the foreground, and the background is slightly blurred.

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RESTORATIVE PRACTICES

- Instructional Track

February 5, 2021 | 10:00 AM - 12:00 PM

Participants will learn restorative strategies that take a relational approach to youth that is founded on equality, dignity, and the belief in all people. By building and maintaining positive, respectful relationships within a youth serving organization, staff-to-staff, staff-to-student, and student-to-student issues are more easily resolved.

[learn more](#) | [register here](#)

CRISIS AND TRAUMA IN THE WORKPLACE

- Organizational Track

February 12, 2021 | 10:00 AM - 12:00 PM

This crisis response training will prepare organizations and individual staff with the ability to respond to potential trauma in the moment and to access the necessary coping strategies and social supports in the workplace. Participants will also learn proactive strategies for trauma prevention culture.

[learn more](#) | [register here](#)

INTEGRATING SEL INTO INSTRUCTION

- Instructional Track

February 19, 2021 | 10:00 AM - 12:00 PM

Individuals will learn how to integrate SEL into any program by: (1) Learning the role of Emotional Intelligence (2) Developing a vocabulary to help students articulate feelings & emotions (3) Recognizing behavioral impacts of one's own feelings & thoughts (4) Identifying one's personal strengths and limits (5) Normalizing healthy expression of emotions.

[learn more](#) | [register here](#)

A large white 'Q3' logo is centered within a blue square, which is itself framed by a yellow border.

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PPL Resources & Services

PROFESSIONAL LEARNING RESOURCE LIBRARY

Visit Ingenuity's Resource Library and explore an array of professional learning materials from Ingenuity, the CPS Department of Arts Education, and local, state and national partners! Topics range from anti-racism and cultural competency to curriculum, assessment, and virtual learning. Explore this comprehensive library for all things professional learning today!

[browse the library](#)

WATCH IT ALL ON YOUTUBE!

We're adding recordings of every session from the Trauma-Informed & Healing-Centered Practice Training Program to [Ingenuity's Youtube Channel](#)! Use the links below to catch up on the Training Program and more:

[Trauma Informed & Healing Centered Practice Training Program](#)

[Creative Schools Fund Info-Session](#)

[Fall Partner Summit](#)

CPDU_s

Are you interested in providing credit hours to CPS teachers through your PD workshops?

If so, Ingenuity is an ISBE-approved provider and works with subcontractors to provide high quality PD deliverables. For an overview on the application process for potential subcontractors, please click the link below.

[learn more here](#)

LEARNING QUIZ

Explore Ingenuity's Professional Learning Quiz for program managers and teaching artists. This interactive online tool has been designed to help arts partners and teaching artists assess their highest-priority learning needs and connect them to immediate resources for building knowledge.

[learn more here](#)